

## **KOLBERG PROSTHETIC EYE CARE INSTRUCTIONS.**

If you have recently received your prosthesis or if you have had it for a while, there are a few things you should know about caring for it that you may not have been told by your ocularist:

**Never clean or soak your prosthesis in rubbing alcohol because it will crack the plastic and destroy the prosthesis.**

1. If you need to wipe your eye lids, always wipe toward your nose. Wiping away and downward can cause the prosthesis to dislodge and come out. Make sure to close your eye first and then wipe toward your nose to keep the eye in place. Also rubbing your eye in a rotating manner can likewise cause the eye to rotate.
2. Remove the prosthesis only as necessary. Too much handling can cause irritation and excessive secretions. If you remove your prosthesis, be sure to store it in water or soft contact lens saline solution. This will keep deposits from drying on the surface. If your prosthesis has a colored spot or date on it, this mark goes up at 12:00 O'clock and under the lid upon reinsertion.
3. To clean your prosthesis, use Ivory liquid, baby shampoo or clean using the method describe on the back page of these instructions. Wash the eye between your fingertips. A damp washcloth or Kleenex tissue is also helpful to wipe away softened deposits from the surface.
4. If you wish to or need to rinse out the socket, use sterile saline with an eye cup or bulb syringe. The advantage of an eye cup is that it can be used with the prosthesis left in place. Sterile saline is available at the drugstore and is found in the contact lens solution section of the store.
5. Eye drops that your doctor may have prescribed for you can be used with the eye in place. Upon instillation of drops it helps to lean your head back in a lounge chair or sofa for a few minutes to allow the drops to reach behind the prosthesis.
6. Your tear layer in most cases will provide all the lubrication necessary. However, if needed we have a selection of lubricating drops available in our office and we can help you select the best drop for you as needed. Many times eye drops can be very beneficial against dryness, especially on extra dry or windy days.
7. Finally, it is important that you return routinely every six months, or at least once a year to have your prosthesis checked, cleaned and polished. This will prolong the life of the prosthesis and keep it looking better and more comfortable. If any problems or questions should arise, be sure to call and ask us.

***Remember there are no dumb questions, so please don't hesitate to call us.***

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